

John Glenn & Wayne Memorial High Schools

RALLY CAFE

October 2026

NOTES

Daily Breakfast Options: Assorted Cereal & Cereal Bars, Pop-tarts, Whole Grain Muffins, Yogurt Parfaits, Bagels, and warm breakfast items.

Assorted Fruit Options: Whole Fruit, Fresh Fruits, Cupped Fruits & 100% Fruit Juice

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Daily Lunch Items:

Grill: Cheeseburgers, Chicken & Spicy Chicken Sandwich, Chicken Tenders
Pizza: Cheese & Pepperoni
Deli: Create your own Sub or Wrap
Assorted Salads and Sandwiches
Cold Fruit and Vegetable Bar



BKFST: Egg & Cheese Biscuit
Entree: Breaded Chicken Drumstick, w/ Mac & Cheese & Cornbread
Salad: Chef Salad
Pizza: Meat Lovers

BKFST: Scrambled Eggs, French Toast & Potato Rounds
Entree: Gyro w/ Greek Salad
Salad: Chef Salad
Pizza: Meat Lovers

BKFST: Egg, Cheese & Bacon English Muffin
Entree: Chilli Cheese Coney Dogs w/ Twister Fries
Salad: Chicken Caesar Salad
Pizza: BBQ Chicken Pizza

BKFST: Sausage, Egg & Cheese Bagel
Entree: Grilled Cheese w/ Tomato Soup
Salad: Chicken Caesar Salad
Pizza: BBQ Chicken Pizza

BKFST: Bacon, Egg & Cheese Donut Melt
Entree: Popcorn Chicken Bowl
Salad: Chicken Caesar Salad
Pizza: BBQ Chicken Pizza

BKFST: Egg & Cheese Biscuit
Entree: 3 Cheese Cavatappi w/ Garlic Bread & Green Beans
Salad: Chicken Caesar Salad
Pizza: BBQ Chicken Pizza

BKFST: Scrambled Eggs, Mini Pancakes & Roasted Potatoes
Entree: Sweet & Sour Chicken w/ Rice
Salad: Chicken Caesar Salad
Pizza: BBQ Chicken Pizza

BKFST: Bacon, Egg & Cheese English Muffin
Entree: Spaghetti w/ Meatballs, Broccoli & a Garlic Knot
Salad: Mediterranean Chickpea Salad
Pizza: Taco Pizza

BKFST: Sausage, Egg & Cheese Bagel
Entree: Loaded Tater Tots w/ Chorizo & Queso
Salad: Mediterranean Chickpea Salad
Pizza: Taco Pizza

BKFST: Bacon, Egg & Cheese Donut Melt
Entree: General Tso's Chicken with Rice
Salad: Mediterranean Chickpea Salad
Pizza: Taco Pizza

BKFST: Egg & Cheese Biscuit
Entree: French Toast Sticks w/ Sausage Links and Warm Cinnamon Apples
Salad: Mediterranean Chickpea Salad
Pizza: Taco Pizza

BKFST: Scrambled Eggs, Mini Pancakes & Roasted Potatoes
Entree: Baked Potato Bar
Salad: Mediterranean Chickpea Salad
Pizza: Taco Pizza

BKFST: Bacon, Egg & Cheese English Muffin
Entree: Popcorn Chicken Lo Mein
Salad: Taco Salad
Pizza: Supreme Pizza

BKFST: Sausage, Egg & Cheese Bagel
Entree: Philly Cheese Steaks w/ Peppers & Onions
Salad: Taco Salad
Pizza: Supreme Pizza

BKFST: Bacon, Egg & Cheese Donut Melt
Entree: Chicken Alfredo w/ Penne, Broccoli & a Breadstick
Salad: Taco Salad
Pizza: Supreme Pizza

BKFST: Egg & Cheese Biscuit
Entree: Cheesy Bosco Sticks w/ Tater Tots
Salad: Taco Salad
Pizza: Supreme Pizza

BKFST: Scrambled Eggs, Mini Pancakes & Roasted Potatoes
Entree: BBQ Chicken Flat Bread w/ Green Beans
Salad: Taco Salad
Pizza: Supreme Pizza

BKFST: Bacon, Egg & Cheese English Muffin
Entree: Mac & Cheese w/ Boneless Chicken Wings & Mixed Veggies
Salad: Italian Salad
Pizza: Hawaiian Pizza

BKFST: Sausage, Egg & Cheese Bagel
Entree: Chicken Fajitas w/ Seasoned Refried Beans
Salad: Italian Salad
Pizza: Hawaiian Pizza

BKFST: Bacon, Egg & Cheese Donut Melt
Entree: Chicken Pot Pie
Salad: Italian Salad
Pizza: Hawaiian Pizza

BKFST: Egg & Cheese Biscuit
Entree: Cheesy Kielbasa & Potato Soup with a Bread Sticks
Salad: Italian Salad
Pizza: Hawaiian Pizza

BKFST: Scrambled Eggs, Mini Pancakes & Roasted Potatoes
Entree: Beef Stir Fry w/ noodles or rice.
Salad: Italian Salad
Pizza: Hawaiian Pizza