



Daily Offerings:

- Hamburger (31g)
- Cheeseburger (35g)
- Chicken Sandwich (46g)
- Spicy Chicken Sandwich (45g)
- Cheese Pizza (43g)
- Pepperoni Pizza (43g)
- Italian Sub
- Turkey Wrap (31g)
- Chicken Salad Wrap (34g)
- Ham & Cheese Sub (41g)
- Fresh Panini
- Chef Salad
- Garden Salad (8g)
- Caesar Salad

All Lunches Must Include Choice of: Fruits and/or Vegetable And May Include: 1% Low-Fat Milk

MON	TUES	WED	THURS	FRI
	1	2	3	4
	Beef Enchiladas (41g) Refried Beans (20g)	Bosco Sticks (34g) Steamed Carrots (7g)	French Toast Sticks & Sausage (38g) Fruit Juice (12g – 21g)	HS ONLY Chicken Drumstick Dinner Roll (21g) Mixed Vegetables (5g – 12g)
7	8	9	10	11
Orange Chicken & Rice (26g) Stir Fry Vegetables (6g)	Philly Cheesesteak (38g) Steamed Broccoli (3g)	Chicken Alfredo (38g) Green Peas (12g)	Chicken Parmesan Sandwich (40g) Baby Carrots (7g)	Chicken Nuggets (16g) Baked Beans (43g)
14	15	16	17	18
Popcorn Chicken Bowl (23g) Mashed Potatoes (17g) Corn (10g)	Walking Taco (30g) Refried Beans (20g)	Breaded Cheese Ravioli (64g) Steamed Carrots (7g)	Mini Pancakes & Sausage (35g – 36g) Fruit Juice (12g – 21g)	SCHOOL CLOSED
21	22	23	24	25
Sweet & Sour Chicken (24g) Broccoli (3g)	Cheese Pizza Quesadilla (39g) Refried Beans (20g)	Bosco Sticks (34g) Baby Carrots (7g)	Bacon Burger (31g – 35g) Corn (10g)	Spicy Chicken Tenders (17g) Curly Fries (20g)
28	29	30		
Meatball Sub (38g) Cauliflower (5g)	Tater Tot Nachos (21g) Refried Beans (20g)	PD DAY NO SCHOOL		

Menus are subject to change.

Fruit & Vegetable Options:

- Daily:** Apple Slices (7g), Applesauce (14g – 16g), Apple (15g – 25g), Orange (21g), Baby Carrots (1g), & Side Salad (2g)
- Monday:** Mixed Fruit (13g) & Cucumber Slices (7g)
- Tuesday:** Sliced Pears (13g) & Celery Sticks (3g)
- Wednesday:** Diced Peaches (12g) & Grape Tomatoes (2g)
- Thursday:** Pineapple Tidbits (16g) & Celery Sticks (3g)
- Friday:** Mandarin Oranges (20g) & Cook's Fresh Vegetable Choice



This institution is an equal opportunity provider.

Powering potential.