aramark STUDENT NUTRITION

Wayne-Westland COMMUNITY SCHOOLS

Elliott, Hamilton, Hicks, Roosevelt, & Taft Elementary Schools



Follow us on Instagram to see the fun and exciting things we are bringing to our school cafeteria's

DECEMBER 2026

Menus are subject to change

Vegetarian entrées are written in green

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Check out the delicious selections featured on November's FFVP!	1 Apple Cinnamon Oatmeal Round w/ Dried Fruit A. Dominos Pepperoni Pizza B. Domino's Cheese Pizza C. Apple, Cheese Cubes & Cheez-its Pack Side Salad	2 Whole Grain Muffin w/ String Cheese & Applesauce A. Pancake on a Stick B. Rotini Pasta in Meat Sauce w/ a Garlic Knot C. Apple, Cheese Cubes & Cheez-its Pack Hash Brown	3 Blueberry Nutri-grain Bar w/ a Banana A. Chicken Nuggets w/ Pretzel Stick B. Orange Chicken w/ Rice C. Apple, Cheese Cubes & Cheez-its Pack Diced Carrots	4 Whole Grain Bug Bites w/ Cheese Cubes & Sour Blue Raspberry Raisins A. Tony's Galaxy Pizza B. Cheeseburger C. Apple, Cheese Cubes & Cheez-its Pack Sweet Corn **Cookie Day**
7 Animal Crackers w/ String Cheese & Apple Slices A. Pepperoni Bosco Stick B. Sloppy Joe on a Bun C. Three Cheese Wrap Green Beans	8 Strawberry Crisp Bar w/ Dried Fruit **Half Day of School**	9 Whole Grain Breakfast Bread w/ Applesauce A. Chicken Tenders w/ a Breadstick B. Corn Dog C. Three Cheese Wrap Sweet Peas	10 Celebration Graham Crackers w/ Yogurt & a Banana **Half Day of School**	11 Cherrio Cereal Bar w/ Sour Blue Raspberry Raisins A. Chicken Patty Sandwich B. Spicy Chicken Patty Sandwich C. Three Cheese Wrap Tater Tots
14 Whole Grain Muffin w/ Cheese Cubes & Apple Slices A. Mac & Cheese w/ a Garlic Knot B. Popcorn Chicken Bites w/ Cheez-its C. Pretzel, Yogurt & Cheese Pack Baked Sweet Potato Fries	15 Honey Wheat Bagel w/ Dried Fruit A. Dominos Pepperoni Pizza B. Domino's Cheese Pizza C. Pretzel, Yogurt & Cheese Pack Side Salad	16 Cinnamon Toast Crunch Cereal Bar w/ Applesauce Chef's Choice	17 Farmers Market Graham Crackers w/ Yogurt & a Banana A. Walking Tacos w/ Doritos B. Bean & Cheese Burrito C. Pretzel, Yogurt & Cheese Pack Refried Beans	18 Assorted Breakfast Items w/ Sour Blue Raspberry Raisins Chef's Choice **Special Treat Day**
21 	22 	23	24	25 
28 	29	30	31	

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*No duplicates on cereal or yogurt. BIC Schools have daily cereal option.

DELICIOUS DAIRY

REFRESHING AND GOOD FOR YOU!

Dairy and cheese provide essential nutrients for growth—like calcium, protein, and Vitamin D—which build strong bones, teeth, and muscles. Dairy supports immune health, aids brain development, and offers a convenient, nutrient-dense snack option. Delicious dairy every day helps kids grow strong!



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CHEESY BROCCOLI SNACK BITES

INGREDIENTS:

- 2 cups chopped broccoli
- 1 cup bread crumbs
- 4 large eggs, lightly beaten
- 1 cup Cheddar cheese, shredded
- 1 cup Mozzarella cheese, shredded
- 4 slices bacon, cooked and chopped
- 1 teaspoon sea salt
- ½ teaspoon garlic powder
- ¼ teaspoon pepper

*DO NOT chop or cook without adult supervision.

INSTRUCTIONS:

1. Preheat oven to 350°F.
2. Microwave chopped broccoli for 2-3 minutes.
3. In a large bowl, mix all ingredients until bread crumbs have absorbed the egg mixture.
4. Use a spoon to scoop the mixture and roll into a ball, then place on a baking sheet lined with parchment.
5. Gently press each ball down to flatten slightly.
6. Bake for 20-25 minutes or until golden brown. Enjoy!

DAIRY SOUND OFF

Memorize with Sound and Motions

Purpose:

- Memory- and Rhythm-Based Learning

How to Play:

- Leader says a dairy food and makes a sound or action.

Examples:

- Milk → "Glug glug"
- Cheese → "Say cheese!"
- Yogurt → Stirring motion

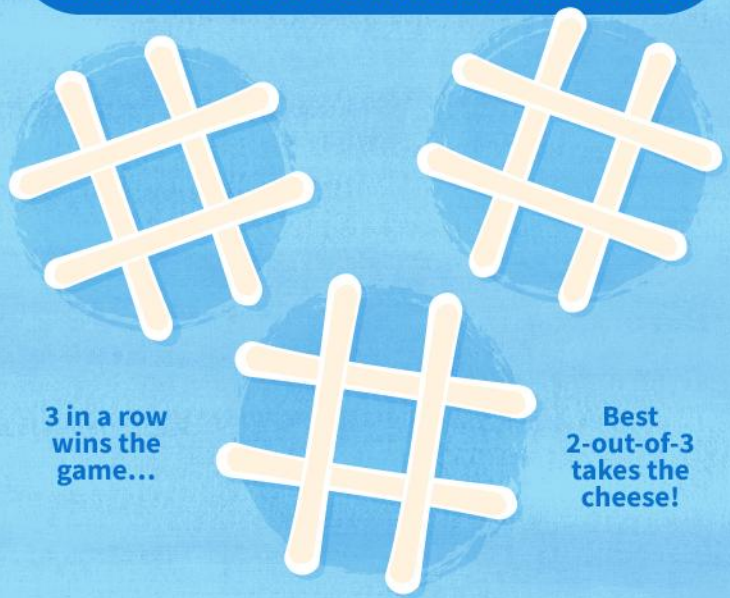
Students repeat the sound/action in order. Connect a benefit to each food (ex.: "Glug glug, strong bones!"). Add more foods to build a sequence.

DAIRY RIDDLES FOR KIDS

1. I'm cold, white, and help bones grow strong. *What am I?*
   Answer: Milk
2. I'm creamy and good for your tummy. *What am I?*
   Answer: Yogurt
3. I'm skimmed from the top of milk and am used as the base for many sweet treats. *What am I?*
   Answer: Cream

STRING CHEESE CHALLENGE

Who'll take the cheese? Grab a friend to find out!



3 in a row wins the game...

Best 2-out-of-3 takes the cheese!

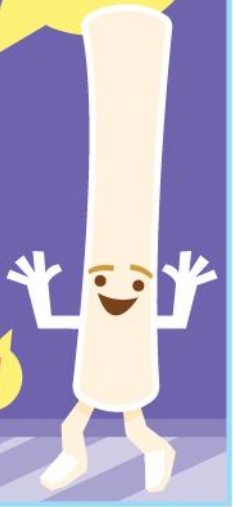
FRESH FUNNIES

Q: Why did the cheese get promoted?
A: It was GRATE at its job!

Q: What is the smartest cheese?
A: Cheese whiz!

Q: What is a basketball player's favorite kind of cheese?
A: SWISH cheese!

Q: How do you compliment a well-dressed block of cheddar?
A: Tell him he looks sharp!



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